



Moor First School

Personal, Social, Health Education

'Together we unlock potential and learn for life.'

### Intent

At Moor First, Personal, Social, Health Education (PSHE) underpins our whole school approach to learning and helping to grow mature and resilient learners able to face the multiple challenges of modern life, including the virtual world. We use Kapow Primary to give children the knowledge, skills, and attitudes they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support our children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society.

Kapow Primary's RSE/PSHE scheme of work covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education. The scheme also promotes the four fundamental British values which reflect life in modern Britain: Democracy; Rule of Law; Respect & Tolerance and Individual Liberty.

### Implementation

To ensure our pupils are taught consistently to a high standard, we use Kapow's PSHE and RSE. The Kapow Primary scheme is a whole school approach and covers these five areas of learning:

- Families and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

We use Kapow planning to enhance the Early Years PSED and then follow the mixed age 2 year cycle planning for Year 1 and 2 and for Year 3 and 4. The mixed-age scheme of work fulfils the statutory requirements for Relationships and Health Education set out by the Department of Education. It also refers to the PSHE Association Programme of Study (recommended by the Department of Education). The scheme supports children in progressing year-on-year with their RSE & PSHE learning, despite the challenges of teaching the subject to a mixed-age class. At Moor First, we embrace the 'Rosenshine Principles of Learning' for all pupils including our children with Special Educational Needs and Disabilities (SEND). The delivery of the RSE and PSHE curriculum involves the careful planning of lessons ensuring plenty of opportunities for the over learning of key facts and the mastery of key skills. Kapow Primary supports the requirements of the Equality Act through direct teaching, for example learning about different families, the negative effect of stereotypes and celebrating differences, in addition to the inclusion of diverse teaching resources throughout the lessons. There are also many other opportunities where children are involved in PSHE outside of the discreet lesson, including assemblies where a range of themes are covered.

### Impact:

Children at Moor First will foster well-being and develop resilience and character to be happy, successful and productive members of society. Pupils will have met the objectives set out within the Relationships and Health Education statutory guidance and will be able to utilise their learning within their daily lives, from dealing with friendship issues to making healthy choices and knowing where and one to get help when needed.